Elizabeth Wende Breast Care is an ACR Breast Imaging Center of Excellence and ACR Gold Standard Accreditation in Mammography, Ultrasound, Stereotactic Biopsy and Breast MRI.



Our EWBC staff and physicians are committed to providing you with excellent care. For more information about our services or to schedule an appointment,

> please contact us at: (585) 442-2190 *or* ewbc.com

Our Screening Mammography Recommendations

- AVERAGE Risk Women: Screening mammograms at age 40, every year thereafter as long as reasonably healthy
- HIGH Risk Women: Women with a strong family history of breast cancer may benefit from starting screening earlier than age 40

Consult your physician about when to start mammography and any additional imaging needed such as screening ultrasound and high risk MRI.

Breast Self Exam

Perform monthly breast exam. Learn to identify possible changes in your breasts. Continue yearly check-ups & clinical breast exams by health care provider.

Convenient Hours

Elizabeth Wende Breast Care has always been sensitive to the needs of their patients offering longer hours, early morning appointments and select Saturdays.

Elizabeth Wende Breast Care

BRIGHTON: 170 Sawgrass Dr., 14620 BATAVIA: 203 Summit St., 14020 CARTHAGE: 3 Bridge St., Suite 1, 13619 GENESEO: 126 Court St., 14454 GREECE: 3 Saredon Pl., Suite 200, 14606 VICTOR: 7375 State Route 96, Suite 100, 14564



EW

Elizabeth Wende Breast Care

Our Services

Breast Imaging Excellence

All offices offer latest 3D mammography, screening ultrasound for dense breasts and results while you wait



About EWBC Services

3D MAMMOGRAPHY — Screening and diagnostic mammography is performed with the latest 3D technology at all our facilities. This mammogram has a higher breast cancer detection with better visualization of breast tissue. It is beneficial for all patients, especially those with dense breast tissue, or patients at a higher risk of cancer because of strong family or personal history. EWBC uses the latest technology that reduces radiation by as much as 40% when compared to the 2D/3D combination mammography All mammograms performed at EWBC are read by our radiologists along with the use of CAD (Computer Aided Detection). Video at ewbc.com.

ULTRASOUND (diagnostic and screening) -

Breast ultrasound is used as an adjunct to mammography, usually to distinguish if a lump or mass is solid tissue or if it is simply a fluid filled cyst. Ultrasound allows our physicians to accurately diagnose lesions in the breast detected on breast exam, mammogram or MRI. As of January 2013 a NY State mandate has recommended that additional screening tests such as screening ultrasound may be helpful in women with dense breast tissue to detect subtle abnormalities that could be cancer.

BREAST BIOPSY — Use of core biopsy enables our physicians to diagnose findings detected on mammography, ultrasound or MRI. This procedure is designed to save women from undergoing unnecessary surgery. It is relatively painless and minimally invasive, making it a faster and less traumatic alternative to traditional surgical biopsy. EWBC is proud to be a pioneer in implementing and performing stereotactic and MRI biopsy and introducing it to our Upstate NY region.

BREAST MRI — Breast MRI is a highly sensitive, noninvasive diagnostic tool that is often used in conjunction with mammography and ultrasound. It helps physicians evaluate the extent of a breast cancer, as well as establish a treatment plan and monitor a patient's response to chemotherapy. This advanced technology is also a valuable screening tool for patients considered to be at higher risk for breast cancer whether due to strong family history and or genetic risk, personal history or other risk factors. GENETIC TESTING — EWBC has a certified genetic counselor on staff who performs breast cancer risk assessments and provides comprehensive cancer genetic counseling services for our patients. Our counselor is also available to answer questions from patients concerning cancer risk assessment and genetic testing.

CANCER RISK ASSESSMENT — EWBC provides risk assessment for all our patients. Determining an individual's lifetime risk of breast cancer is imperative in implementing an appropriate management plan. Our patients complete a health history questionnaire which allows our software to calculate both the patient's lifetime risk of breast cancer as well as their individual likelihood of a genetic mutation. An average woman's lifetime risk of developing breast cancer is 12%. Any patient with a calculated lifetime risk of developing breast cancer above 20% on a risk assessment model (Tyrer-Cuzick, Gail, etc), is eligible for high risk Screening Breast MRI. Any patient with an appropriate family or personal history is eligible for Genetic Counseling. Referring physicians receive a report which includes all appropriate risk scores.

BONE DENSITY TESTING (DXA) — Bone density testing is a simple, painless and accurate method for evaluating bone mass and osteoporosis.

COMMUNITY PRESENTATIONS — We have speakers available for your club, group or organization. Please call (585) 758-7081 for more information.

Experience matters.

EWBC has been caring for patients since 1975 Our technologists are certified in mammography Our sonographers are certified in breast ultrasound Our seven physicians have over 100 years of combined experience as breast imaging specialists.



Insurance Information

Elizabeth Wende Breast Care, LLC participates with all Excellus BlueCross BlueShield plans, MVP, Aetna[®], Medicare and Medicaid, as well as other insurance plans. We are also a provider to many NYS Health Partnerships. **To verify your coverage, please contact your insurance provider. We are always happy to assist you with your insurance questions. Please call our billing office at: (585) 442-1830.**

Mammograms for the Uninsured

EWBC and the Cancer Services Program provide free mammograms for women 40 years of age and older who do not have insurance coverage for breast screening. Please call 585-442-2190, opt 1, opt 2 for more information.



ewbc.com

Fill out your health history form online and only update changes yearly. Reports and records can be accessed from the portal.