

### Helpful information about Elizabeth Wende Breast Care

#### FIRST in region with latest breast imaging technology

- 3D mammography with C-View is the standard of care at EWBC for all patients. The addition of C-View software allows for 3D imaging with a 40 percent reduction in radiation versus 3D imaging without C-View. 3D offers improved breast cancer detection and is beneficial for all patients, especially those with dense breast tissue or a higher risk of breast cancer. Watch the video at ewbc.com.
- Dedicated breast MRI
- Breast biopsy
- Same day mammogram results

## Experience matters. EWBC has been caring for patients since 1975

- Our seven physicians have 96 years of combined experience as breast imaging specialists
- Our technologists are certified in mammography
- Our sonographers are certified in breast ultrasound

#### **EWBC** services

- Digital Mammography, 3D Mammography
- Breast Ultrasound (Diagnostic & Screening)
- Breast MRI & Breast Biopsy
- Bone Density Testing
- Cancer Risk Assessment & Genetic Counseling Program
- Patient education presentations

#### Five locations: Brighton, Batavia, Geneseo, Greece & Victor

- 3D mammography, same day results, screening ultrasound available: ALL LOCATIONS
- Diagnostic evaluation with onsite physician: Brighton
  & Victor
- Bone Density testing is available: Brighton, Geneseo, Greece & Victor

#### Personalized care

We want our patient to feel comfortable

- Sized gowns for your choosing
- Coffee, tea, blankets and Wi-Fi
- Brighton: –chair massages
  - -Patient advocates to assist you with questions/needs

#### Why Breast Density is important

New York State passed the Breast Density Inform Act in January 2013 requiring radiologists to inform patients of their breast density with their mammogram results. The law requires patients with heterogeneously dense and extremely dense tissue to be informed of additional screening tools such as ultrasound or MRI. Breast density is determined by your mammogram. Your EWBC report will include your breast density type.

#### **Breast Density & Screening Breast Ultrasound**

Screening ultrasound is available for all patients upon request. Screening ultrasound can be beneficial in women with denser tissue. The denser the breast tissue, the more difficult it can be for a radiologist to interpret the mammogram. Check with your insurance company for coverage.

#### Genetic Counseling Program – Know your Risk

EWBC proactively screens our patients for hereditary breast cancer. Our genetic counselor is available to meet with patients for any hereditary cancer syndrome. The goal of our Genetics Program is early detection and/or prevention of breast and other cancers. If you have any questions or would like to attend an information session, please call (585) 758-7041.

**Visit our website & patient portal** at ewbc.com for our services, breast health, billing, patient portal, forms, news & events. On the EWBC portal you can fill out your health history form online. Your history is saved and only needs to be updated. Reports and records can be accessed from the portal.



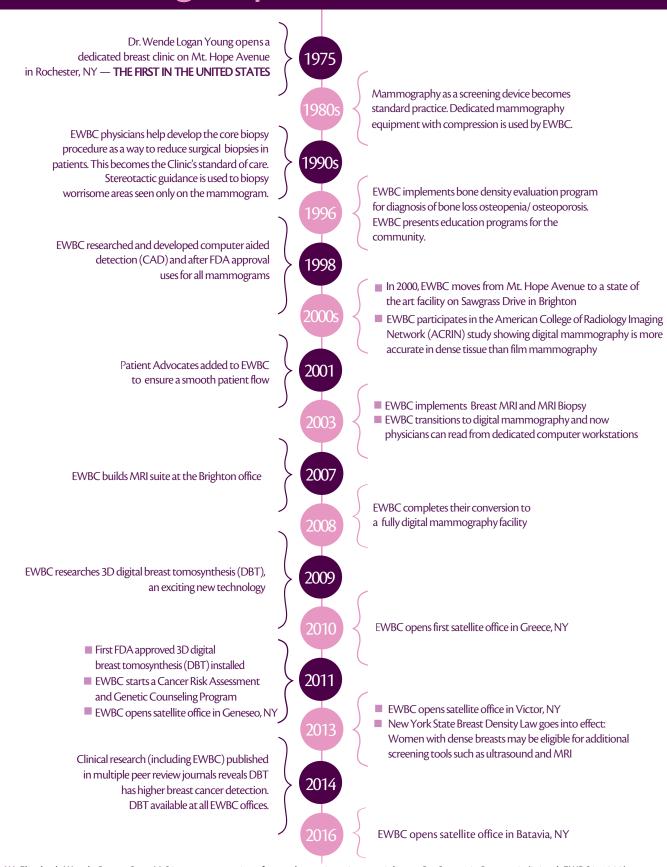
#### **Our Screening Mammography Recommendations**

- AVERAGE Risk Women: Screening mammograms at age 40, every year thereafter as long as reasonably healthy
- HIGH Risk Women: Women with a strong family history of breast cancer may benefit from starting screening earlier than age 40

**Breast Self-Exam**: Perform monthly breast exam. Learn to identify possible changes in your breasts. Continue yearly check-ups & clinical breast exams by health care provider.

Elizabeth Wende Breast Care is named in honor of Elizabeth Wende, the mother of Dr. Wende Logan Young, AND to all the mothers who support, inspire and believe in their daughters

# Elizabeth Wende Breast Care has been caring for patients since 1975



TODAY, Elizabeth Wende Breast Care, LLC is a group practice of seven breast imaging specialists – Dr. Stamatia Destounis (joined EWBC in1993), Dr. Philip F. Murphy (2004), Dr. Patricia Somerville (2002), Dr. Posy Seifert (2002), Dr. Wade Hedegard (2012), Dr. Lisa Paulis (2011) and Dr. Alena Levit (2015).