



Elizabeth Wende  
Breast Care  
Breast Imaging Excellence

P (585) 442-2190  
F (585) 758-7092  
www.ewbc.com

## DEXA BONE DENSITOMETRY INFORMATION FOR YOUR APPOINTMENT

MAIN OFFICE (Brighton): 170 Sawgrass Dr., Rochester, NY 14620  
CARTHAGE 3 Bridge Street, Suite 1, Carthage, NY 13619  
GREECE: 3 Saredon Pl., Suite 200, Rochester, NY 14606  
GENESEO: 126 Court St., Geneseo, NY 14454  
VICTOR: 7375 State Route 96, Suite 100, Victor, NY 14564  
Account #:



**PLEASE DO NOT TAKE VITAMINS, CALCIUM SUPPLEMENTS, TUMS OR ROLAIDS** on the day of your appointment or we will have to reschedule your bone density appointment. Please continue to take all prescription medications.



**PLEASE BRING YOUR INSURANCE CARDS *and* PHOTO ID**



**EWBC IS GOING PAPERLESS.** Please go to [portal.ewbc.com](http://portal.ewbc.com) to update **Dexa form**. If you need help, please call **585-442-2190, opt 1, opt 2**. If you do not have a computer or email address, you may complete paperwork at your appointment.

Your DEXA appointment is scheduled for:

Date:  
Time:

Location:

**Please help us make your exam comfortable and successful.**

**Following these guidelines will assist us in making your exam quick and easy.**

- Don't wear clothing that has metal decorations, metal fasteners, metal zippers or metal belt buckles around the abdominal area. These may interfere with the reading in the area where we are measuring your bone density.
- Please do not take vitamins, calcium supplements, Tums or Rolaids on the day of your test. These may cause an incorrect reading of your bone mineral density. **PLEASE CONTINUE TO TAKE ALL PRESCRIPTION MEDICATIONS.**
- If you've had any contrast media x-ray exams (i.e. Barium, Nuclear Medicine or MRI Studies) please wait at least two weeks to have your DXA exam.
- During the exam, you will be lying on your back on the scan table, which has a weight limit of 350 pounds. If you are unable to lie on your back or if your weight is over 350 pounds, we can still perform a DXA exam. We will scan your forearm instead of your spine and hips.
- For those of you who use a wheelchair, it may be helpful to know that our DXA table is 27 inches high. If you are unable to stand or transfer onto the table we will simply perform a forearm scan. Please let the technologist know what would be best for you. Our policy does not allow employees to lift patients onto the table.
- Please check with your insurance provider for coverage information. In general, DXA scans are covered every 2 years, sooner only if medically necessary.
- **Please arrive 10 minutes prior to your appointment if you have not done your paperwork at [portal.ewbc.com](http://portal.ewbc.com).**
- Your doctor will discuss your Bone Densitometry results with you.
- Please be aware that the International Society of Clinical Densitometry recommends that for the most accurate comparison to previous scans, your DXA exam should be performed on the same unit each time. Please let us know if you have had a prior DXA bone densitometry exam at another facility.

If you have any questions about these guidelines or about your DXA bone densitometry exam, please call us at (585) 442-2190, option 1 for appointments, then option 1 for Dexa.

We look forward to seeing you soon!

**PLEASE NOTE:** There will be an additional \$20 charge for co-payments and deductibles not received at time of service.

Missed or canceled appointments with less than 24 hours notice: \$20 fee charged. If more than two appointments are missed or canceled without prior notice to our office in a two-year period, we reserve the right not to schedule any further appointments.

Terms subject to change without prior notice.