



Elizabeth Wende
Breast Care
Breast Imaging Excellence

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www.ewbc.com

MAIN OFFICE: 170 Sawgrass Dr., Rochester, NY 14620

Please be advised that if your insurance requires a copayment or you have a deductible plan, this payment will be collected on the day of your MRI appointment.

Account #:

Parking for MRI is on the far left side of the building. Enter up the handicap ramp through the side door, adjacent to MRI parking.

Your MRI appointment is scheduled on:

Date:
Time:

Location:

What is MRI?

Magnetic Resonance Imaging, or MRI, is an advanced, state-of-the-art, medical imaging method. MRI uses a powerful but harmless magnetic field and radiowaves to produce detailed images of specific body structures and organs. MRI scans pose minimal risks to most patients if safety guidelines are followed. See section in this pamphlet on MRI safety. Also, one of our MRI staff will be calling you in advance of your appointment to go over these guidelines and the specifics of your exam.

MRI Safety & Information about your Exam

PLEASE REVIEW THE FOLLOWING CHECKLIST PRIOR TO YOUR EXAM:

- If you think you may be claustrophobic, ask your doctor to prescribe medication prior to the exam. If you do receive medication for this, please bring someone with you to drive you home.
- You CANNOT have the exam if you have any of the following: cerebral aneurysm clips, certain heart valves, cochlear implants, metal filings in the eye, or pacemaker.
- If your occupational background includes metal work (welder, grinder, etc.) please be sure to tell the technologist prior to the exam. This may require you to have an orbital x-ray prior to your MRI appointment to ensure no foreign bodies are identified.
- You may eat and take your usual medications before the exam. **Please make sure to drink extra fluids prior to appointment so you are well hydrated.**
 - Please dress comfortably - sweatpants and sneakers are perfect! Please don't wear clothes with metal zippers, buttons or snaps as no metal is allowed in the MRI exam room. PLEASE DO NOT WEAR YOGA PANTS as many contain metal fibers which could burn you during the exam. We suggest bringing or wearing elastic waist pants such as cotton sweatpants or pajama bottoms that can be worn during the exam.
 - No metal is allowed in the MRI exam room. Safety pins, straight pins, metal hair pins and all jewelry must be removed before entering the room. If you have a ring (such as a wedding band) or other jewelry that cannot be removed, we will test it for magnetic attraction before you may enter the room.
 - The average Breast MRI appointment takes about an hour. The actual scan takes approximately 20 minutes.

What you can expect during the exam

Breast MRI is a relatively comfortable and easy exam. You will be asked to lie on your stomach on a cushioned bed. Your breasts will be positioned within a padded opening on the bed. The bed will move into the magnet for the exam and you will hear a muffled thumping sound intermittently throughout the exam. The most important thing you can do to make sure your exam is successful is to hold as still as you can throughout the procedure.

Most breast MRI exams require an injection of a contrast agent called gadolinium. An intravenous catheter (I.V.) for this injection will be placed in your arm before you lie on the bed. **Please tell us if you have ever had an allergic reaction to MRI contrast in the past (or any other contrast dye), or if you have any renal (kidney) disease.**

PLEASE HELP US TO ACCOMMODATE ALL OF OUR PATIENTS

Breast MRI is a very specialized procedure for which there are a limited number of available appointments. Our MRI schedule is very busy and runs on the hour. **Therefore, it is important that you are here on time for your scheduled appointment.**

**** IF IT IS NECESSARY FOR YOU TO CANCEL OR RESCHEDULE YOUR MRI APPOINTMENT, please call our office at least 48 hours before your scheduled appointment (585) 758-7050. There will be a \$100 charge to any patient who misses an MRI appointment. ****

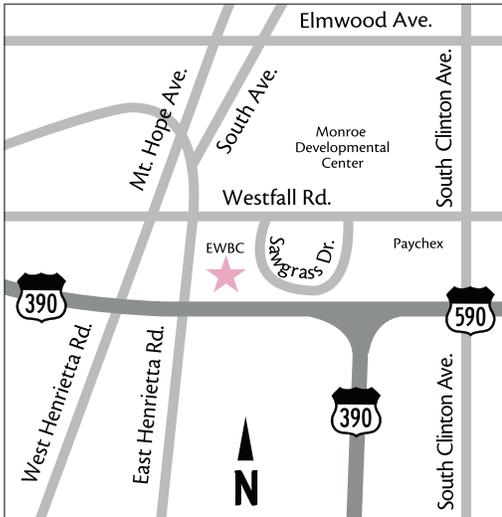
BREAST IMPLANTS AND MRI

Breast MRI is sometimes used to image silicone breast implants. If you have breast implants, it is important that you tell the technologist when she calls you before your exam and approximately how many years you've had them.

DIRECTIONS
ON BACK 

Directions to our Brighton office (main office):

170 Sawgrass Drive | Rochester, NY 14620 | (585) 442-2190



PARKING FOR MRI IS ON THE FAR LEFT SIDE OF THE BUILDING. ENTER UP THE HANDICAP RAMP THROUGH THE SIDE DOOR, ADJACENT TO MRI PARKING.

Directions to our Brighton office (main office):

170 Sawgrass Drive | Rochester, NY 14620 | (585) 442-2190

FROM THE NORTH/WEST

- Travel 390 South to exit 16B (Rt. 15A - East Henrietta Rd.) ■ Turn left onto East Henrietta Rd.
- At the third stoplight, turn right onto Westfall Road. Continue for 1/4 mile to the next stoplight.
- Turn right onto Sawgrass Dr. and follow Sawgrass Dr. around a big curve in the road. EWBC will be on your left.

FROM THE NORTH/EAST

- Travel 590 South to 390 North. ■ Take 390 North to Exit 16 (Rt. 15A - East Henrietta Rd.)
- Turn right onto East Henrietta Rd. ■ At the second stoplight, turn right onto Westfall Road. Continue for 1/4 mile to the next stoplight. ■ Turn right onto Sawgrass Dr. and follow Sawgrass Dr. around a big curve in the road. EWBC will be on your left.

FROM THE SOUTH/THRUWAY

- Take the NYS Thruway to exit 46. ■ Travel 390 North toward the airport. ■ Get off at Exit 16 (Rt. 15A - East Henrietta Rd.) *Please note that there are two exits for East Henrietta Rd. on 390—be sure to take the second one, Exit 16.* ■ Turn right onto East Henrietta Rd. ■ At the second stoplight, turn right onto Westfall Rd. Continue for 1/4 mile to the next stoplight. ■ Turn right onto Sawgrass Dr. and follow Sawgrass Dr. around a big curve in the road. EWBC will be on your left.