



Elizabeth Wende Breast Clinic

170 Sawgrass Dr., Rochester, NY 14620
Phone 585-442-2190 / Fax 585-758-7096

Request for Consultation/Evaluation

PLEASE PRINT

- Screening Appointment
- Diagnostic Appointment (reason required)
- Second Opinion

Patient Name _____

Date _____

Birthdate _____

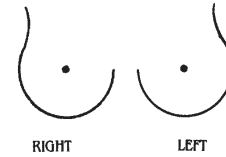
Reason for Consultation/Evaluation

Symptom

- Pain
- Swelling
- Discharge
- Lump
- Current breast cancer
- Other

Location

- Right
- Left
- _____ O'clock



Referring M.D. Signature

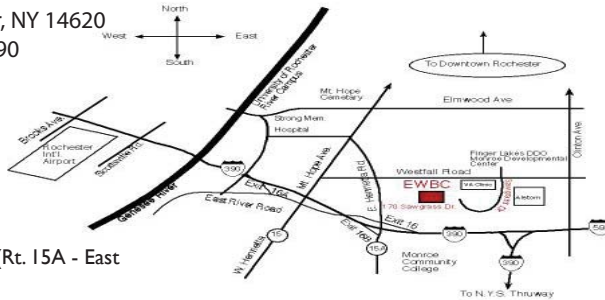
(required for diagnostic appointments)

Patients - Please bring this form with you to your appointment at our clinic.

To comply with Federal Regulations, we require a written requisition for consultation/evaluation of all diagnostic patients. If anything other than a screening mammogram is being requested, we must have a written requisition.

Directions to the Elizabeth Wende Breast Clinic

170 Sawgrass Dr., Rochester, NY 14620
Phone 585-442-2190



From The North/West

- Travel South on 390 to exit 16B (Rt. 15A - East Henrietta Rd.)
- Turn left onto East Henrietta Rd.
- At the third stoplight, turn right onto Westfall Rd. Continue for 1/4 mile.
- Sawgrass Dr. is on the right, directly opposite Monroe Developmental Center.
- Follow Sawgrass Drive all the way to the end. You will go around a big curve in the road. EWBC is the last building on your left.

From The North/East

- Travel south on 590 to 390 North.
- Take 390N to Exit 16 (Rt. 15A - East Henrietta Rd.)
- Turn right onto East Henrietta Rd.
- At second stoplight, turn right onto Westfall Rd. Continue for 1/4 mile.
- Sawgrass Dr. is on the right, directly opposite Monroe Developmental Center.
- Follow Sawgrass Drive all the way to the end. You will go around a big curve in the road. EWBC is the last building on your left.

From the South/Thruway

- Take the NYS Thruway to exit 46.
- Travel North on 390 toward the airport. Get off at Exit 16 - Rt. 15A - East Henrietta Rd. (There are two exits for E. Henrietta Rd. on 390 - be sure to take the second one, Exit 16 - NOT Exit 14.)
- Turn right onto East Henrietta Rd.
- At second stoplight, turn right onto Westfall Rd. Continue for 1/4 mile.
- Sawgrass Dr. is on the right, directly opposite Monroe Developmental Center.
- Follow Sawgrass Drive all the way to the end. You will go around a big curve in the road. EWBC is the last building on your left.

HOW LONG WILL YOU BE HERE?

Screening mammogram*, not waiting for results - about 1 hour.

Screening mammogram*, same-day results - No additional testing needed - at least 2 hours. Additional testing required - about 3 hours, sometimes longer.

Diagnostic appointment (to consult with a doctor about a problem) - about 3 hours, sometimes longer.

If you are also scheduled for a DEXA scan, it will take an additional 30 minutes.

* Clinical Breast Exams are not performed during routine screening mammogram visits. Please rely on your primary care physician to perform your yearly CBE.

PREPARING FOR YOUR EXAM

Caffeine - Caffeine can cause breast lumps and tenderness. Please stop caffeine two weeks before your appointment as this may make the mammogram more comfortable for you. Discontinuing caffeine abruptly may cause headaches. If so, go off caffeine gradually. Check labels to see if a product contains caffeine. **Do not discontinue prescription drugs, even if they contain caffeine.**

Deodorant - Many radiology offices ask their patients to not wear deodorant during mammography, but we do not require this. We want you to be comfortable - please feel free to wear deodorants during your appointment with us.

Please Note: There will be an additional \$10 charge for co-pays not received at time of service.