



Elizabeth Wende Breast Care, LLC  
170 Sawgrass Dr. / Rochester, NY 14620

## Your Breast MRI Appointment

Name: \_\_\_\_\_

Appointment Date: \_\_\_\_\_

Time: \_\_\_\_\_

### MRI Safety

*Please review the following checklist prior to your exam:*

If you think you may be claustrophobic, ask your doctor to prescribe medication prior to the exam. If you do receive medication, bring someone with you to drive you home.

You CANNOT have the exam if you have any of the following: cerebral aneurism clips, certain heart valves, cochlear implants, metal filings in the eye, or pacemaker.

If your occupational background includes metal work (welder, grinder, etc.) please be sure to tell the technologist prior to the exam.

You may eat, drink and take your usual medications before the exam. There is no prep for Breast MRI.

No metal is allowed in the MRI exam room. Safety pins, straight pins, metal hair pins and all jewelry must be removed before entering the room.

### Please help us to accomodate all of our patients

Breast MRI is a very specialized and intensive procedure for which there are a limited number of available appointments. Our MRI schedule is very busy and runs on the hour. Therefore, it is important that you are here on time for your scheduled appointment.

If it is necessary for you to cancel or reschedule your MRI appointment, please call our office at least 48 hours before your scheduled appointment. (585)442-2190, ext. 3015. There will be a \$100 charge to any patient who misses an MRI appointment and has not given us the required cancellation notice.





## What is MRI?

Magnetic Resonance Imaging, or MRI, is an advanced, state-of-the-art, medical imaging method. MRI uses a powerful but harmless magnetic field and radiowaves to produce detailed images of specific body structures and organs.



MRI scans pose minimal risks to most patients if safety guidelines are followed. These are described on the front page of this pamphlet. Also, one of our MRI staff will be calling you in advance of your appointment to go over these guidelines and the specifics of your exam.

The average Breast MRI exam takes about 30-45 minutes. Before the exam, **you may eat and drink as you normally would and take medications as you normally would.**

## What you can expect during the exam

Breast MRI is a relatively comfortable and easy exam. You will be asked to lie on your stomach on a cushioned bed. Your breasts will be positioned within a padded cutout on the bed. The bed will move into the magnet for the exam and you will hear a muffled thumping sound that will last for several minutes. The most important thing you can do to make sure your exam is successful is to hold as still as you can throughout the procedure.

Most breast MRI exams require an injection of a contrast agent called gadolinium. An intravenous catheter (I.V.) for this injection will be placed in your arm before you lie on the bed. Please tell us if you have ever had an allergic reaction to MRI contrast in the past, or if you have any renal(kidney) disease.





## Implants and MRI

Breast MRI is sometimes used to image silicone breast implants. If you have breast implants, it is important that you tell the technologist when she calls you before your exam. We will also need to know if your implants are filled with saline, silicone or oil, or a combination of these. In addition, we need to know if the implant has a polyvinyl chloride sponge covering. Please get this information from your plastic surgeon's office prior to your MRI exam.

## What you should wear to your appointment

Please dress comfortably - sweatpants and sneakers are perfect! **Please don't wear clothes with metal zippers, buttons or snaps; no metal is allowed in the MRI exam room.**

Safety pins, straight pins, metal hair pins and all jewelry must be removed before entering the room. If you have a ring (such as a wedding band) or other jewelry that cannot be removed, we will test it for magnetic attraction before you may enter the room.

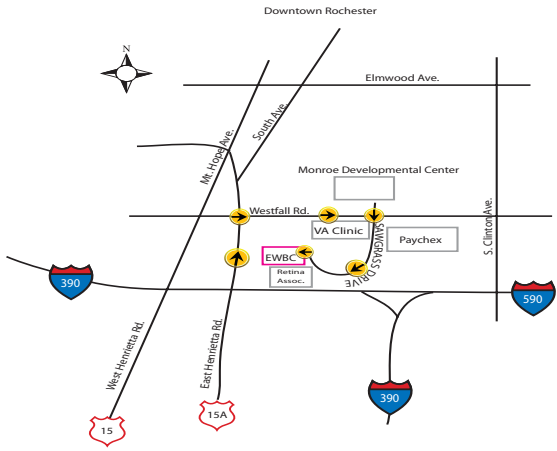




# Driving Directions and Where to Park

**Elizabeth Wende Breast Clinic**  
170 Sawgrass Drive  
Rochester, NY 14620  
(585)442-2190, ext. 3015

Parking for MRI is on the far left side of the building. Enter through the side door, adjacent to MRI parking.



## From The North/West

- 🚗 Travel South on 390 to exit 16B (Rt. 15A - East Henrietta Rd.)
- 🚗 Turn left onto East Henrietta Rd.
- 🚗 At the third stoplight, turn right onto Westfall Rd. Continue for 1/4 mile to the first stoplight.
- 🚗 At the stoplight, turn right onto Sawgrass Dr. Follow Sawgrass Drive all the way to the end. You will go around a big curve in the road. EWBC is the last building on your left.

## From The North/East

- 🚗 Travel south on 590 to 390 North.
- 🚗 Take 390N to Exit 16 (Rt. 15A - East Henrietta Rd.)
- 🚗 Turn right onto East Henrietta Rd.
- 🚗 At second stoplight, turn right onto Westfall Rd. Continue for 1/4 mile to the first stoplight.
- 🚗 At the stoplight, turn right onto Sawgrass Dr. Follow Sawgrass Drive all the way to the end. You will go around a big curve in the road. EWBC is the last building on your left.

## From the South/Thruway

- 🚗 Take the NYS Thruway to exit 46.
- 🚗 Travel North on 390 toward the airport. Get off at Exit 16 - Rt. 15A - East Henrietta Rd. (There are two exits for East Henrietta Rd. on 390 - be sure to take the second one, Exit 16 - NOT Exit 14)
- 🚗 Turn right onto East Henrietta Rd.
- 🚗 At second stoplight, turn right onto Westfall Rd. Continue for 1/4 mile. Continue for 1/4 mile to the first stoplight.
- 🚗 At the stoplight, turn right onto Sawgrass Dr. Follow Sawgrass Drive all the way to the end. You will go around a big curve in the road. EWBC is the last building on your left.

